

Working WITH AUSSET

Create an Isis altar.

Set a sacred space in your home that is dedicated to Isis and the power of the Divine Feminine. It doesn't require a lot of room, even a dresser in your bedroom will work. Get an small statuette or image of Isis (Isis altar card pictured above), or an item representing Isis and place at the center of the altar. Choose a candle to burn when you give your attention and prayers to Isis, to honor the Light of Her wisdom returning into you. You can place other items in honor of Isis such as flowers, crystals, a small container of water... all dedicated to honor Isis as a female deity of intuition, healing and fertility, but also to honor these same powers of the High Priestess that live inside of you.

Invoke Isis and her energies to your altar and your life.

Call out to Isis in your mind, in your heart, and in your words. Ask her to become present to you and to assist you. Call her with your earnest heart to know her love and her gifts within your own consciousness. Ask her to help you remember your own gifts of healing, intuition and fertility to create your life in love and joy. When you give your attention to this intention, you will draw her easily to you and the altar. The greater your intention and attention, the easier it will be to connect and perceive her gifts to you.

Sit in contemplation and prayer at the altar.

Set aside some time each day to sit at your altar, putting your attention on your heart, and the heart of this Great Divine Mother Isis. When you sit you might burn incense or play music that assists you in going inward to connect to your intuition, and to the assistance of the great one of Isis. She lives in the inner levels of your heart, in the inner levels of your own higher consciousness. When you are quiet and focused, you begin to open to the messages she holds for you. When you sit, you create a space to become the sacred vessel to receive not only the messages, but the healing energies of her higher consciousness.

Create an Isis Journal and Psychic Log.

Upon leaving contemplation at the altar, take time to write notes about your experiences... of any messages or guidance that you hear inwardly, or feel, or just know... and of any visions that may come through. Make notes from other times during the day when she just "pops" into your mind or you feel her in your presence.

Write down your awareness of "coincidences" and instances of intuition, healing and manifestation. Once you have begun to call Isis and her qualities to your attention, you will begin to notice an expansion of these gifts in your life! Claim them!!

Leave prayers and messages of love and gratitude on the altar.

Take time to write out your prayers and notes to Isis, always thanking her for her for fulfilling your desires, for healing your life, for all the assistance that she so lovingly gives to you and all of humanity. Not only ask, but also be grateful for the vast love of the Divine Mother flowing to you once you have asked. This keeps the flow of your life going, and the flow of communication expanding with the Divine Mother Isis.

Call Isis into your night dreams.

Before you go to sleep at night, call the healing and creative forces of Isis into your dreams. Ask her for her teachings to come to you in the astral realms during the time of your night dreams. This is a powerful time to access her wisdom and let her teach you when you are most ready.

